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Wider Community offers

BEST START IN LIFE | FAMILY HUBS

Early Years

Childcare & Early Years Education
Explore a range of Ofsted or Independent Schools Inspectorate (ISI) registered group settings providing childcare and early years education in Hampshire.

Perinatal Mental Health Support Knowing Me, Knowing You
6-week online course designed for women or birthing parents to support their perinatal mental health.

Hampshire Healthy Families
Partnership between Hampshire and Isle of Wight Healthcare NHS Foundation Trust Health Visiting and Barnardo's to deliver the healthy child programme across Hampshire. Barnardo's runs a number of sessions, courses and groups to support families with 0–5-year-olds.

Family Nurse Partnership
Voluntary programme offered to first time mums and dads under the age of 19. Home visits can be arranged Mon – Fri from 9-4pm.
Email: hiow.fnphampshire@nhs.net
Tel: 0300 003 0338

Picket Twenty Baby and Toddler group
Free group with snacks and drinks provided. Have a chat with fellow parents and carers as your children play in a safe and nurturing environment. No booking required, just come along and join in!
Wednesday 10.30am – 12.00pm

Mustard Seed (Baby & Toddler Group)
Mondays 9.30 – 11.00am at St Michael's Church,
Fridays 9.30 – 11.00am at St Mary's Church
Fridays 9.30 – 11.00am at St Paul's Church, Smannell Rd

King Arthurs Stay & Play
Baby & toddler group. Free entry, snack and refreshments available, donations welcome.
Every 2nd and 4th Wednesday 9.15am-11.15am

Active, Play and Bounce
Let your pre-schooler burn off steam at Andover Leisure Centre. The perfect drop-in activity for under 5's!
Tuesday: 9.30am - 10.30am and 10.45am - 11.45am
Thursday: 9.30am - 10.30am and 10.45am - 11.45am

Younger Children

Hampshire CAMHS
Hampshire Child and Adolescent Mental Health Service help young people and their families.

Togetherness
Free online courses for all parents, parents-to-be, carers, grandparents and teenagers living in Hampshire. Plus, courses for professionals working with children.

Andover Leisure Centre
We have a 3 storey soft play facility for children aged 1-12 years.
Monday - Friday 9am-6pm

Older Children

Yellow Brick Road Projects
You Matter Plus - 1-1 Mentoring and Group work for young people aged 11-25. Helping young people at risk of Homelessness and other adversities, find their seam of Gold.

Koala - More Education
Community peer support session. Koala community sessions - Providing support for local autistic and neurodivergent people, and those with learning disabilities.

Andover Parish
Wednesday Night Youth held at St Paul's Church, Smannell Rd on Wednesdays 7.15pm - 8.30pm (11-17 years)

Families

Hampshire Healthy Steps
Focus on whole family health and wellbeing. Group sessions run by Family Health Coaches.

Andover Parish
CAP Debt Centre - offering face to face financial debt support. Call 0800 328 0006 for your free appointment.
CAP Money Coaching - budgeting support. Call 07562 766302 for more details.

Children's Services Parenting Courses
A range of parenting courses available for families Hampshire.

Unity Energy Support and Advice
Free, personalised energy support to residents across Test Valley.

Picket Twenty Warm Hub
We open our Warm hub provision Monday - Friday 9am - 12pm. Here we provide free hot drinks, fruit, breakfast bars and pastries to the community to help them start the day the right way!

Back to Basics
Empowering parents and carers to support their child's emotional wellbeing within the home.

Foodbank Hub
At King Arthurs Way Hall,
Wednesday 9.00am-11.30am

Advice Services

ChatHealth
Confidential secure text messaging service for parents of children aged 0-19.
Monday to Friday from 9.00am – 4.00pm. All texts will be responded to by a Public Health Nurse within 24hrs.
Children aged 0-5: text 07520 615720
Children aged 5-19: text 07507 332417

Citizen Advice Test Valley
Free confidential advice. Drop in service available Monday to Friday 9.30 - 12.00, 1st Floor Chantry House Chantry Way Andover SP10 1LZ

Last updated: 22 October 2026

To find out more visit **hants.gov.uk/beststartinlife**, email **best.start.test.valley@hants.gov.uk**, or drop into the hub to speak to your friendly hub connector.

Hampshire County Council

Disclaimer: Hampshire County Council takes reasonable care to keep this timetable accurate and up to date, but activity details may change or be cancelled at short notice. Some activities are delivered by third-party organisations, which are responsible for their services. Inclusion does not mean that Hampshire County Council recommends or endorses any provider or activity. Please check details with the organiser before relying on the information. To the fullest extent permitted by law, Hampshire County Council does not accept liability for loss arising from reliance on this information.