

Cut out and keep this card with you at all times you are out of the house.



In the event of my accident or illness, please call one of the two emergency contacts on this card who will know what to do.

Carer's EMERGENCY CARD

I have an Emergency Plan No.
PRT/.....
held by Princess Royal Trust for Carers
0800 169 1577

I am a carer

First name only.....
Telephone.....

and I care for

First name only.....
Telephone.....
who cannot manage without help.

My two emergency contacts are opposite.

Name
Address
Telephone

Name
Address
Telephone